

**YOUNG
CARERS**



STRONG

YOU ARE A YOUNG CARER



“ I need to help my Dad get around as he needs his walking stick and lots of help. My friends think it's good that I'm there to help as my Mum and Dad can't do things without me.

Young carer age 9

WE ARE HERE TO SUPPORT YOU



**Doncaster
Council**

www.doncaster.gov.uk/youngcarers

YOUNG
CARERS



CARING

YOU ARE A YOUNG CARER



“ I make tea for my family and help my mum as she is often in pain with her back. I have to do a lot more than my friends think I do. I can't do all the things my friends can do, but I'm happy to help.

Young carer age 14

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NEEDED

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“Mam has epileptic fits and my brother is in a wheelchair. I care for them, helping with hospital appointments and making sure they have their meals.

Sometimes it's a lot when I'm trying to revise for my exams but I feel happy caring. It's for my family and I'm the strongest one.

Young carer age 15

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